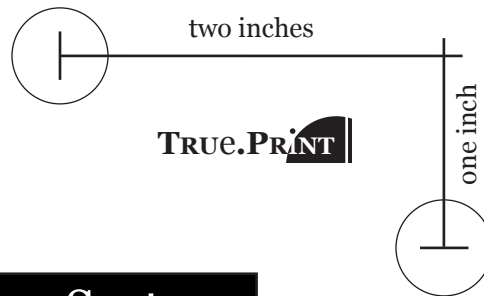


Cut, Place, and Tape Page Two Here
to Complete the Logo

Logo Line A



H.S. Trask Sizing System

1. Print Page One, Page Two, and Page Three
2. Measure "TRUE PRINT" lines (on Page One, above) to ensure correct printing.
3. Cut Page Two at Logo Line B, discard bottom portion.
4. Match Logo Line A to Logo Line B to complete our Logo.
5. Tape Pages Together.
6. Place heel of bare Left Foot against solid Line C.
7. Be sure the widest right point of Left Foot is touching Line D, slide heel along Line C if necessary.
8. Note where the longest toe crosses Length Grid E. Mark on Page Three in length box.
9. Note where widest left point of Left Foot crosses Width Index F. Mark number on Page Three.
10. Circle the length you marked in the Length Measurement box on Chart G.
11. Circle the width you marked in the Width Index box on Chart G.
12. Whatever column your Width Index appears = Your Width! (ex: Medium).
13. Whatever your Length Measurement is = Your Length (ex: 10.5).
14. You've Got Your Size! (ex: 10.5 Medium (D)). Write this in the boxes provided for future use.

page one

C.

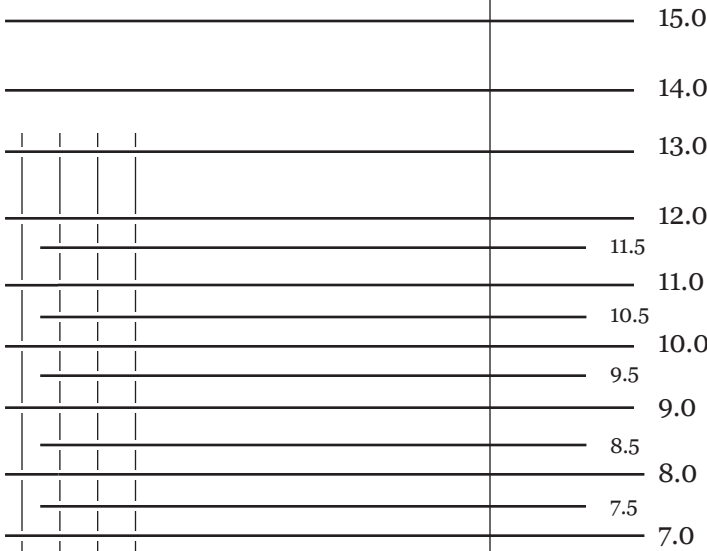
Place bare left heel
against solid line



page two

Length Grid
E

Width Index
F



Line D
Widest Point
of Left Foot

Logo Line B
(cut)



Length Measurement



Example: 10.5

Width Index



Example: 5

Circle your Width Index

Circle your Length Measurement

Length	Narrow	Medium	Wide
7.0	1	3	5
7.5	1	3	5
8.0	1	3	5
8.5	2	4	6
9.0	2	4	6
9.5	2	4	6
10.0	3	5	7
10.5	3	5	7
11.0	3	5	7
11.5	4	6	8
12.0	4	6	8
13.0	4	6	8
14.0	5	7	9
15.0	5	7	9

Shoe Length



Example: 10.5

Shoe Width



Example: Medium

